



LA CHUTE

NEWSLETTER

AUGUST
2006

Montcalm Mile, Largest Field Ever

A total of 150 runners participated in this year's event. The results and images can be found on the web site lachute.us

The unexpected large turn-out delighted and overwhelmed the race organizers. Since the "official" Independence Day was on Monday, and the town's events scheduled on the traditional 4th of July and not a holiday, organizers expected a small turnout. Next year, organizers will plan for 200 runners.

Participants did, however, enjoy themselves. There was even an unofficial return of the costume class.

Again this year, all competitor received an medal.

Treasury Report

In the regularly La Chute Road Runner's account we now have \$1,294.56

In the special savings account, (Scholarship Fund) we have \$ 5,602.25.

New Member

John McDonald and the Santinello family have joined LCRRC. "Snaps" for all!

Races

Church to Church September 3 at 11:00

It is a 6 mile run from The Church of All Saints to St. Patrick's Church in Port Henry. Proceeds go for repair of the clock at St. Pat's. \$10 Registration fee. There will also be a 1 mile walk from the school to the church.

Footrace at Fort Ticonderoga
(link to details)
October 7th

Heritage Day 10K



The Heritage Day 10K was contested at Ironville on August 20th. A mid-race rain greeted the runners as they made their way on the downhill section.

Results follow.

Some Results, Appologies to those Missed

Heritage Day 10K

Penfield Homestead Museum, Ironville, NY

August 20th, 2006

Men

Group	Name	Time	Place
< 19	Lee Berube	34:08:00	1st overall
20-29	Brian Pelkey	41:31:00	1st
30-39	Dave Pelkey	42:06:00	1st
	John Rolka	56:58:00	2nd
40-49	Dave Burrows	42:33:00	1st
	Paul Matson	42:44:00	2nd
50_59	Fred Herbst	57:58:00	1st
	Jim Leavens	57:59:00	2nd
60+<	Jim Cunningham	56:58:00	1st



Women

Group	Name	Time	Place
30-39	Dee Donohue	53:25:00	1st
50-59	Karen Costello	51:00:00	1st overall
	Ellie George	63:31:00	1st

Boilermaker 15K

Jim P. Cunningham
Place 1157
Finish Time 1:09:21
Pace 7:26

Jim Cunningham
Place 5145
Finish Time 1:28:09
Pace 9:27

